

Am I Enough? A Personal Leadership Analysis

Self-Reflection and Evaluation Tool

Values Alignment Reflection

1. How did I live out my core values as a leader this month? *(Name specific examples of behaviors, decisions, or actions)*
2. When did I step out of alignment with my values, and why? *(Identify patterns or common triggers)*

Peak Leadership Moments

3. When was I at my best as a leader recently? *(Describe the situation and what made it successful)*
4. What strengths did I use most effectively? *(Connect this to your natural leadership style)*

Growth Edge Questions

5. What leadership challenge am I currently avoiding?
6. If I could improve one thing about my leadership in the next 30 days, what would create the most positive impact?

The Enough Assessment *Rate how strongly you agree on a 1-5 scale (1 being strongly disagree, 5 being strongly agree)*

I trust my leadership decisions	
My team benefits from my leadership	
I adapt my approach when needed	
I'm making a positive difference	

What do these ratings tell me about my leadership confidence?

Moving Forward

- One thing I will do differently this month:
- One strength I will leverage more:
- Support I need: